BabyDays

Newborn caregiver handoff

Fill in what the next person needs and leave the rest blank. It's a note for your household, not a care plan.

Baby name _____ Date _____

Caregiver handing over _____ Caregiver taking over _____

Handoff begins _____ Parent expected back _____

Recent care and next step

Last feed and time

Last diaper and time, if useful

Anything you noticed

What needs doing next

Usual routine or written instructions

Supplies and where to find them

Contacts

Parent or caregiver phone _____ Backup contact phone _____

Baby's doctor phone _____ Local emergency number _____

Home address, if care is at home _____ Expected return time _____

The BabyDays app keeps the same log on your phone. Write things down in plain words and copy any instructions from your doctor exactly. Keep the sheet where the right people can find it.